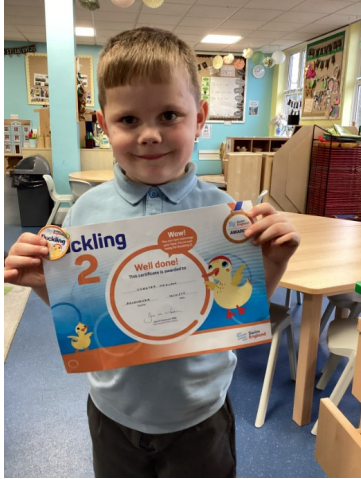




Pupil achievements



Well done to Chester from Reception for achieving his Duckling 2 swimming certificate!



Well done to Autumn-Pixie for achieving her certificate & awards for her Bronze Disco dancing examinations!



Well done to Max from year 4 for scoring his first goal for his new football team last week and was awarded man of the match by both teams!



Well done to Jacob from Year 4 who has worked really hard showing resilience, focus & determination to gain his first stripe in Brazilian Jiu-jitsu!



Well done to Paige from Butterflies who has achieved her first dancing badges; ballet, tap, disco and acro!



We have seen an improvement in messages being left on the absence line to report your child's absences. This helps us out a lot in the school office and saves us a lot of time chasing parents about children not being in school - thank you for your co-operation.



However, we are seeing a huge increase in children arriving late through the front office. The gates are open until 9am to allow more time for children to get into school and the front office should not be used as often as it is. Please make every effort to ensure your children arrive to school on time. Children should arrive at 8.45am, ready to come into school at 8.50am.



LOVE YOURSELF AND BE KIND TO YOUR MIND

Learn ways to be kind to yourself and see the world in a more positive way!



Crafts

Activities

17th February & 20th February

1pm-3pm

St Thomas's Church
St Thomas' Parish Office
Market Street
Stourbridge
DY8 1AQ

Pay and display in the Ryemarket car park.

18th February & 19th February

12:30pm-3:30pm

DY1 Stafford Street
DY1 1RT

Pay and display parking is available
opposite the venue.

Make and
take home

Games

BOOKING IS ESSENTIAL!! TO ENSURE
YOU SECURE A PLACE PLEASE EMAIL:
BCHFT.REFLEXIONS@NHS.NET



child accident
prevention trust

Laundry capsules (liquid tabs) can badly hurt your child if they burst on their skin or in their mouth. But they look like the best thing to play with!

Move them to a high spot and keep them out of reach of little fingers.

Watch this video from the Child Accident Prevention trust:

[Dangers of laundry capsules animation](#)

A free story, written by the Dog Duck & Cat trust, is also available for parents to read to their children.

'It smells good, but is it safe'

[It smells good, BUT is it safe? - The Dog, Duck and Cat Trust](#)

For information and guidance on health and safety for babies and children, go to:

[Washing pods and capsules: Keep children safe](#)



Washing pods can do serious damage to children's insides, skin and eyes.



Children's Mental Health Week 2025 is taking place from 3-9 February 2025.

This year they're exploring the theme Know Yourself, Grow Yourself in partnership with [Here4You, supported by The Walt Disney Company](#) and the *Inside Out 2* characters.

We want Children's Mental Health Week 2025 to encourage children, young people and adults to embrace self-awareness and explore what it means to them. This will help them grow and develop resilience to cope with what life throws at them.



ELEVATE
PERFORMANCE ACADEMY

RUGBY CAMP

9AM - 15.00PM
Ages 6 - 15

DONT FORGET YOUR
PACKED LUNCH!



What to Expect:

- High Level Coaching
- Develop Core Rugby Skills
- Fun and Engaging Activities
- Suitable for All Skill Levels
- Certificates and Prizes
- Awards Ceremony

WEDNESDAY - FRIDAY
19TH - 21ST, FEBRUARY

1 DAY = £30
2 DAYS = £55 (SAVE £5)
3 DAYS = £75 (SAVE £15)

ORDER HERE



ELEVATE
PERFORMANCE ACADEMY

ABOUT US

Elevate Performance Academy empowers young people through sport and education, offering tailored programs that inspire growth, teamwork, and resilience both on and off the field.

WHAT WE OFFER:

- READING & SPORT
- MENTORING AND SPORT
- SPORTS CLUBS
- SPECIALIZED SPORTS COACHING
- CURRICULUM SUPPORT (PPA COVER)
- FREE ORGANIZATION OF A SPORTS FIXTURE OR EVENT OF YOUR CHOICE



+44 7745 476144

admin@elevate-performance.academy

www.elevate-performance.uk



ELP SPORTS
ENJOY LEARN PROGRESS

ACTIVITIES CAMP

JOSEPH TURNER PRIMARY
SCHOOL, POWIS AVENUE,
TIPTON, DY4 0RN
MON 17TH - THURS 20TH FEB
10 AM - 2 PM



SCAN HERE

PRICES ARE ON THE GOOGLE FORM WE SEND YOU OR WHICH IS ACCESSIBLE FROM THE QR CODE.

THIS GOOGLE FORM WILL ALSO HAVE BOOKING DETAILS TO CONFIRM YOUR INTEREST.

PLEASE BOOK ON THROUGH THE QR CODE OR EMAIL US ON THE ADDRESS BELOW.

campbookings.elpsports@gmail.com

BROOKBITES



Thank you to our kitchen team for putting on an excellent day for Chinese New Year this week!

The children loved seeing the decorations and they enjoyed, chicken curry, Quorn curry, sweet and sour chicken, vegetable chowmein, rice, prawn crackers and fortune cookies!

Spring 2025

Health & Wellbeing Update



for children and families in Dudley

 Funded by
UK Government

Household Support Fund

The Household Support Fund is available in Dudley borough

Who?

Anyone who is struggling to pay for food, fuel, or other household essentials (subject to eligibility criteria)

How?

Find out who can get help and how to apply at www.dudley.gov.uk/householdsupportfund







Dudley's Community Toothbrush Scheme

Dudley's Community Toothbrush Scheme provides free toothbrush packs to children and families in need in Dudley borough. For more information about the scheme scan the QR code to visit [Healthy Dudley](http://HealthyDudley).



SCAN ME



PHASES FREE gym-based physical activity programme*

"Once my Dad started doing exercise with me at Phases, Action Heart, I gained confidence in the gym and started to try my hardest to get back to the sports and activities I enjoyed before. The environment of the gym was very welcoming and pleasant, unlike other gyms. Phases has really boosted my confidence and allowed me to do activities I couldn't do before with my friends." – Phases participant, age 15. Find out more about the free gym-based physical activity programme for 11 – 16 year olds by scanning the QR code to visit [Healthy Dudley](http://HealthyDudley).



SCAN ME

Starting Well

The Starting Well section of the Healthy Dudley website has lots of information to support healthy pregnancy, infancy, childhood and adolescent health, up to age 19. Scan the QR code to visit [Healthy Dudley](http://HealthyDudley).



SCAN ME



Park Active and Healthy Hubs – winter programmes

Scan the QR code to visit [Healthy Dudley](http://HealthyDudley) to find out about free local activities to help you move more and get active



SCAN ME

Managing winter illnesses and keeping up-to-date with vaccinations

Get advice on when to keep your child off school if they are unwell and information on immunisations which help to protect everyone, at every age.

To read the full update scan the QR code to visit [Healthy Dudley](http://HealthyDudley).



SCAN ME

Children & Young People's Public Health Team, Health & Wellbeing, Dudley Council

NOT EVEN FOR A SECOND!

NEVER step on ice on a pond, lake, canal, reservoir, or any other open water

Keep yourself and your loved ones safe.



Water safety

For more information on water safety scan the QR code to visit [Healthy Dudley](#).



SCAN ME

How can you prevent a stroke?

Parents, did you know that up to 90% of strokes are preventable through healthy lifestyle choices and managing medical conditions?



Two of the most important things to do are to:

- Manage your blood pressure, high blood pressure is the leading cause of stroke. Get it checked at least every five years
- Check your pulse for an irregular rhythm. An irregular rhythm could indicate a major risk factor for a heavy stroke and can easily be treated to prevent a stroke from happening.

You can get your blood pressure and pulse checked for free at a local pharmacy. You can also contact your local GP practice.

To check your own pulse, search YouTube for a 'How to check your pulse' video by the British Heart Foundation.

For more details on strokes and how to prevent them, scan the QR code to visit the [Healthy Dudley website](#).



SCAN ME

SYCAMORE ADVENTURE



Discover the magic of Sycamore Adventure during the public access sessions, where children of all abilities can drop in with their families to enjoy a day of fun, exploration, and play. Designed to be safe, inclusive, and full of excitement, the adventure centre features climbing frames, creative play areas, and swings that captivate children's imaginations.

Whether it's climbing, exploring, or simply enjoying the sensory-rich activities, Sycamore Adventure offers something for everyone.

Public access term time sessions

Saturday, 11am-2pm Family Play

Tuesday, 4.30pm-6.30pm Inclusive Play for children who have disabilities and their families

Wednesday, 1pm-2.30pm Toddler Stay and Play (for children who are younger than school starting age only)

Wednesday, 2.30pm-6pm Family Play

Thursday, 3.30pm-5.30pm Go Karts at Family Play

Suggested £2.50 donation for term time sessions

Scan the QR code to visit [Sycamore Adventure](#)



SCAN ME

FREE HEALTHY LIFESTYLE SUPPORT FOR YOUR FAMILY

Commissioned by Dudley Council

Arrange free one-to-one support with a Dudley Family Wellness Coach who will help you and your kids eat well and move more

Ready for a healthier lifestyle? Talk to the Your Health Dudley team today

www.yourhealthdudley.co.uk

Your Health Dudley
01384 732 402

www.yourhealthdudley.co.uk/your-wellness-journey

CRANSTOUN ROUTES - DUDLEY

Every young person deserves a safe space

Safe to access youth friendly spaces at Home and Shopping Centres in Dudley, offering activities & support available

For more information scan the QR code to visit the [Cranstoun website](#)



CRANSTOUN

Empowering People, Empowering Change

Routes Dudley

A safe and accessible space open to young people aged 13 to 25 to drop in and access information, advice, and guidance to support their wellbeing and seek help when they need it. For more information scan the QR code to visit the [Cranstoun website](#).



SCAN ME

Children & Young People's Public Health Team, Health & Wellbeing, Dudley Council



If anyone has any children's magazines they no longer want, Buddies would be very grateful.
Thank you in advance.



Today the staff have had a fabulous day of training on the new Brook climbing wall!
It will be in use soon, to enhance our PE curriculum.

Last weeks attendance:
20/01/25 - 24/01/25
3F were the highest attendees in KS2 and
1D were the highest in KS1.



Rec B	94.80%
Rec R	97.78%
1D	98.33%
1H	94.40%
2C	97.67%
2T	93.79%
3F	98.97%
3S	97%
4HD	96.21%
4W	92.41%
5I	96.55%
5SW	90%
6AH	95.67%
6E	95.86%
School Total	95.28%
Target	97%

Brook Buddies

** We have some new faces that have joined us in Buddies, please don't forget to fill in your agreements form via the following link **

<https://forms.office.com/e/V2Sw2WJSHb>

Brook Buddies runs every morning and evening. Why not join us for breakfast or some after school fun? Our session times & prices are below:

Breakfast club:

8:00am-8:45am - £3.50

Afterschool club:

3:20pm-5:45pm - £8.00

All bookings must be made by Thursday of the week before you require childcare.

Please note: (Summary from Brook School policy)

Parents should collect their child promptly at the end of a session otherwise you will be charged a fee of **£10.00** to cover staff costs if they are **more than 10 minutes late**. If this situation arises more than three times in one term, their child's place at Brook Buddies may be forfeited!

Please could we remind parents that pay via voucher/tax free payments, you need to send your payments to the Buddies email: buddies@brook.dudley.sch.uk. Please do not send to the school info address as sometimes they may get overlooked and missed.

This week in Buddies we have been celebrating Chinese new year. We have enjoyed creating dragons, snakes, Chinese lanterns and we have indulged in some Chinese food tasting too!